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What's Happening To Me?: Girls Edition



Synopsis

Growing up is a whole lot easier if you have some idea what to expect. This book describes exactly what will happen to your body in a straightforward, easy-to-understand way, and it explains some of your feelings too - all you need to know for this important time in your life. This sensitive, informative guide to puberty for girls tackles everything from body image to mood swings, hormones and first bras. Bright, cartoon-style illustrations and scientific diagrams explain the physical and emotional changes of growing up in a simple and reassuring way, while the contents and index pages make key topics easy to find. Ages: 8 years and up Size of book: 5 7/8 x 8 7/8 inches Pages: 48 Author : Susan Meredith ***This book contains helpful information, but parents buying it for their children should be aware that the book does contain some rather explicit pictures, and the information contained, while realistic and straightforward, may not be suitable for all children.

Book Information

Age Range: 3 and up

Series: What's Happening to Me?

Paperback: 48 pages

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Customer Reviews

Growing up is a whole lot easier if you have some idea what to expect. This book describes exactly what will happen to your body in a straightforward, easy-to-understand way, and it explains some of your feelings too - all you need to know for this important time in your life. This sensitive, informative guide to puberty for girls tackles everything from body image to mood swings, hormones and first bras. Bright, cartoon-style illustrations and scientific diagrams explain the physical and emotional

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Def a great book for explaining some of the things that you may forget to talk about. Hair growing and stinky armpits. It also helps you to explain some things and gives your daughter hands on way to kind of discover things on their own. Great conversation starter for sure.

I am totally glad i bought this for my nine yr old girl. She is engrossed and i know she will learn and understand alot more from this book. The pictures are helpful and the wording is pretty simple enough for their age. The book was in really excellent condition so i thank the sellers so much.

Sit and read this book with your child at first. Very descriptive but not overwhelming may be a little uncomfortable reading by themselves but you can make it normal and natural. Love this thank you!

My daughter is developing early, so we wanted her to have a resource in case she was embarrassed to ask us.

I am always pleased with Usborne books. High quality binding, cover and thick semi glossy pages. The content of the what's happening to me books for boys and girls are both above adequate for your kids starting to reach puberty. Very informative and age appropriate information.

I have What's happening to me for boys as well. Great book for pre-teens to sink their teeth into.

This book was exactly what I was looking for. It really helped me with explaining what my daughter will go through.

Awesome!

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